Provider Name:		
License:	Date Completed:	
CACFP Nutrition Workshop QUIZ		CHILD CARE NETWORK OF NEW YORK
1. I can serve skim	or 2% milk for all children over 2 years of	ld.
True Fa	•	
2. If the parents ask	s me to, I can serve whole milk for childre	en over 2 years old.
True Fa	lse	
3. I can serve TWO	fruit components at lunch.	
True Fa		
	vegetables components at lunch.	
True Fa		
5. Potato is a vegeta	•	
True Fa		
True Fa	fruit juice TWICE per day.	
	a grain/bread component.	
True Fa	-	
	es every day for snack.	
True Fa	• •	
9. I can serve potato	chips as a snack.	
True Fa	lse	
10. Crackers are a broad	ead/grain component	
True Fa		
	pe of cold cereal every day for breakfast	or snack.
True Fa		
	baked or steamed vegetables every day.	
True Fa		DI ETE analı
True Fa	nd a piece of fruit are considered a COMF	LETE Snack.
	eat for my lunch/supper meals to be COM	IPI ETE
True Fa	• • • • • • • • • • • • • • • • • • • •	H ED I D.
	omatoes in a sandwich meal count as my	TWO vegetable components.
True Fa	-	
16. I can serve apple	juice and raisins and count it as a comple	te snack.
True Fa	lse	
17. I can serve beef r	neatballs or luncheon meats daily.	
True Fa	lse	
= =	ests, I can substitute soymilk as my milk	component.
True Fa		
•	mbursed if the mother provides breast mi	ilk for the infant.
True Fa	Ise	

Provider Signature: ______ Reviewed by Monitor: _____