

# CCN of NY CACFP PROVIDER QUICK FACTS



<b>Daily Reimbursement Limits:</b>	UP TO : 2 MEALS and 1 SNACK = 3 OR 2 SNACKS and 1 MEAL = 3
<b>Time Between Meals:</b>	1 1/2 HOURS in between snacks and meals 3 HOURS in between Meals (Breakfast, Lunch, Dinner)
<b>4 CACFP CATEGORIES:</b>	1)Breads/Grains 2)Fruits &Vegetables 3) Meat/meat alternatives 4)Milk
<b>Milk Requirements:</b>	WHOLE Milk for Children 1-2 Years Old 1% FAT or SKIM Milk for children 2 years or older <b>Milk MUST be served at all Meals (Breakfast, Lunch and Dinner)</b>
<b>Juice Requirement:</b>	Serve only ONE serving 100% (4-6 oz) Juice PER DAY <b>Juice can be served at a Snack ONLY and only ONCE a Day</b>
<b>Water Requirement:</b>	Required when a beverage is not given at a Snack
<b>Veg/Fruit at Lunch/Supper:</b>	Serve 2 VEGETABLE COMPONENTS OR Serve 1 FRUIT and 1 VEGETABLE COMPONENT
<b>Sweet Grains/Cereals:</b>	Can't be served more than TWICE a WEEK (Example: Cookies) CAN NOT Be served at Lunch or Supper
<b>FRIED VEGETABLES:</b>	May not be served more than ONCE a WEEK
<b>PROCESSED MEATS:</b>	May not be served more than TWICE a Week (Example: Beef franks)
<b>POTATO:</b>	Potato is counted as a VEGETABLE for the CACFP Program
<b>BREAKFAST COMPONENTS: (SERVE 3 ITEMS)</b>	<b>Fluid Milk = Whole for 1-2 yrs old and Skim/1% for 2 yrs or older</b> Fruit or Vegetable Component Bread or Bread Alternative
<b>SNACKS (Serve 2 ITEMS + Water)</b>	<b>You can serve any 2 items from different food groups Must have a liquid in every meal or snack</b> Serve MILK OR JUICE/FRUIT OR Water *** AND *** any COMBINATION of the other Food groups Never serve JUICE and MILK in the same meal !!! Example: Bagel, Cream Cheese AND Water
<b>MEAL (Lunch or Dinner) (Serve 5 ITEMS)</b>	<b>Fluid Milk = Whole for 1-2 yrs old and Skim/1% for 2 yrs or older</b> Meat or Meat Alternative 2 SERVINGS of Fruit/Vegetable OR 2 SERVINGS of Vegetables Bread or Bread Alternative